

First United Methodist Church

Welcome! We are a Congregation Caring For and About God's Community
January 22, 2023 - 10:00am - Third Sunday in Epiphany

GATHERING AND PRAISE

Prelude: "Come, Christians, Join to Sing"

by Benjamin Carr; arr. Raymond Haan

Welcome and Announcements – Please sign in on the Attendance pads,
or use your phone and the QR Code to the right to sign in electronically
or use this link: <https://form.jotform.com/211785166356159>



***Opening Hymn FWS #2128:** "Come and Find the Quiet Center"

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| 1) Come and find the quiet center
In the crowded life we lead,
Find the room for hope to enter,
Find the frame where we are freed:
Clear the chaos and the clutter,
Clear our eyes, that we can see
All the things that really matter,
Be at peace, and simply be. | Making space within our thinking,
Lifting shades to show the sun,
Raising courage when we're shrinking,
Finding scope for faith begun. |
| 2) Silence is a friend who claims us,
Cools the heat and slows the pace,
God it is who speaks and names us,
Knows our being, touches base, | 3) In the Spirit let us travel,
Open to each other's pain,
Let our loves and fears unravel,
Celebrate the space we gain:
There's a place for deepest dreaming,
There's a time for heart to care,
In the Spirit's lively scheming
There is always room to spare! |

PROCLAMATION AND RESPONSE

***Call to Worship:**

(© 2012 Joan Stott – "The Timeless Psalms" RCL Psalm Year B, adapted; used with permission.)

L: Healing God, we come together in our brokenness, to call to you in your mercy, to make us whole again.

P: Wholeness-giving God, receive us into your presence with grace and comfort.

L: Restoring God, we gather to worship you, trusting in your gifts of renewal and restoration.

P: God, our Quiet Center, we thank you for hearing and receiving our prayers.

L: Foundational God, in the depths of your Holy Being we find peace and rest.

P: God, our Beginning and our End, with gratitude, we hope always in you. Amen.

**please stand if you are able.*

Time of Prayer – *During the Prayer Chorus and/or silent meditation, ushers will collect your yellow prayer cards and deliver them to the pastor.*

Prayer Chorus FWS #2064: “O Lord, You’re Beautiful”

*O Lord, you’re beautiful, your face is all I seek;
And when your eyes are on this child, your grace abounds to me.*

*O Lord, you’re wonderful, your touch is all I need;
And when your hand is on this child, your healing I receive.*

Time of Silent Meditation

The Pastoral Prayer lifting Celebrations and Concerns

Rev. Janet Myers

The Lord’s Prayer – Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom, and the power, and the glory forever. Amen.

Living Our Gratitude

♪ *Please continue to support your church family as we recover from this season of pandemic. Enjoy the musical selection as a time to give thanks to God for all with which you have been blessed.*

Use the QR code to the right or give online here:

<https://www.firstumcsaginaw.org/give/>



Offertory: “The Gift of Love”

English Melody; arr. Marianne Kim

The Doxology: Praise God, from whom all blessings flow; **UMH #94**

Praise God all creatures here below: Alleluia! Alleluia!

Praise God, the source of all our gifts! Praise Jesus Christ, whose power uplifts!

Praise the Spirit, Holy Spirit! Alleluia! Alleluia! Alleluia!

The Unison Prayer of Thanksgiving: Healing God, in a world of division, brokenness, and hurt, we are mindful that you invite us to share in your work of reconciliation, healing, and hope. As we bring our gifts today, we devote not just our things, but also our minds and hearts to the work of your unifying love in Christ. Amen.

Children’s Message – *A special moment just for kids*

Stacy Sharrow

Choral Anthem: “Jesus, Lover Of My Soul”

arr. Ruth Elaine Schram

Scripture Lesson:

Proverbs 17:22

Pew Bible O.T. pg. 566

²² A joyful heart helps healing, but a broken spirit dries up the bones. (CEB)

²² A cheerful heart is a good medicine, but a downcast spirit dries up the bones. (NRSV)

²² A cheerful heart is good medicine, but a crushed spirit dries up the bones. (NIV)

²² A merry heart doeth good like a medicine: but a broken spirit drieth the bones. (KJV)

Response to the Word

L: This is the Word of God for the people of God

P: **Thanks be to God!**

Sermon:

“BRIDGING THE GAP”

Rev. Janet Myers
Chaplain, Covenant Health Care

WE GO AS WITNESSES FOR CHRIST IN THE WORLD

***Closing Hymn FWS #2213: “Healer of Our Every Ill”**

Refrain: Healer of our every ill, Light of each tomorrow,
Give us peace beyond our fear, and hope beyond our sorrow.

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| <p>1) You who know our fears and sadness,
Grace us with your peace and gladness;
Spirit of all comfort, fill our hearts.
<i>[Refrain]</i></p> <p>2) In the pain and joy beholding
How your grace is still unfolding,
Give us all your vision, God of love.
<i>[Refrain]</i></p> | <p>3) Give us strength to love each other,
Every sister, every brother;
Spirit of all kindness, be our guide.
<i>[Refrain]</i></p> <p>4) You who know each thought and feeling,
Teach us all your way of healing;
Spirit of compassion, fill each heart.
<i>[Refrain]</i></p> |
|---|---|

***Benediction:**

L: God of life, hope, and healing: lift us on your love like eagle's wings. Sustain us;
Guide us; Heal us; Then send us forth into the world that we may love as you love.

P: **We go in peace to love and serve the Lord and all God’s creation. Thanks be to God. Amen.**

*** Postlude: “Rejoice, the Lord is King”**

by John Darwall; arr. Gordon Young

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<i>First United Methodist Church</i>	
4790 Gratiot Road, Saginaw, MI 48638-6242; (989) 799-0131; Fax (989) 799-4240	
e-mail: firstumsag@aol.com website: http://firstumcsaginaw.org	
Senior Pastor.....	Rev. Amy Lee Brun Terhune
.....	pastoralbt@outlook.com / (989) 274-6363 (cell phone)
Office Administrator/Treasurer.....	Dina Draper
Custodian.....	Tina Castle
Organist.....	Bryan Latimer
Director of Music & Chancel Choir.....	Rod Bieber
Bell Choir Director.....	Catherine McMichael
Nursery Supervisors.....	Katie Moon
Audio Visual Technicians.....	Andy Sharrow, Angie Smith, Izzy Terhune

ANNOUNCEMENTS

TODAY'S VOLUNTEERS: Thank you for your service!! Guest Preacher: Rev. Janet Myers / Liturgist: Stacy Sharrow / Greeters: Eileen Ling & Roger Spann / Ushers: Bob Bula, John Cammin Jr., Jim Ling, Chuck Priem / Coffee Hour Host: NEEDED / Welcome Desk: Cory Sursely / Nursery: Katie Moon / Sound System: Angie Smith

PLEASE HOLD IN YOUR PRAYERS: Mark Abbe, Ed Babinski, David Barker, Barry Brown, Myrna Cammin, Judy Dawe, Bonnie & Pat Dole, Esther Cavendish Fisher, Wayne Henney, Dr. Kirk Herrick, Glenn Hinds, Barb Kropp, Joyce Maltman, Camille Marek, Sheldon & Bonnie Markley, John Mertz, Merlyn Mondol, Bob & Sharon Mueller, Wendy Southgate Murphy, Ron Perry, Al & Teddy Reichard, Jean Richardson, Madge Richmond, Anne Ruffle, Eugenia Shek, and all who are grieving. Also, please pray for UMCOR, for all suffering from illness, for an end to war in Ukraine, for those plagued by famine in East Africa, for our Southern Border, for an end to division in our nation, and for peace/equality for humankind.

FLOWERS ON THE ALTAR TODAY in memory of Rev. Dr. Wesley L. Brun, father of Pastor Amy

FREE COMMUNITY DINNERS will resume on the 2nd Tuesday of each month. Next Free Meal is Tuesday, February 14. Call the church office at (989) 799-0131 to help set up, serve, cook, or clean-up, or sign up online at: <https://www.signupgenius.com/go/60B044DAFAC2BA0FD0-community>. Sign up to donate food at <https://www.signupgenius.com/go/60B044DAFAC2BA0FD0-food2>.

SCHOOL BACKPACK PROGRAM to help families facing food insecurity. To deliver food to schools on Mondays, sign up at <https://www.signupgenius.com/go/60B044DAFAC2BA0FD0-food>. Stay today and help pack up bags.

COFFEE HOUR hosts needed. Sign up at the welcome desk or sign up and view instructions online here: <https://www.signupgenius.com/go/60B044DAFAC2BA0FD0-coffee>. You may also call the church office at (989) 799-0131 to sign up. Thank you!

MARTIN LUTHER KING JR PRAYER BREAKFAST – sponsored by Ezekiel Project. Saturday, February 25, 9:00-11:30am. Tickets available from Pastor Amy for \$40 each. See attached flyer.

CRAFT SUPPLY SALE – Saturday 2/18. Tables are \$10. See Jill Spaulding for more information or contact her at jillspaulding@yahoo.com or (989) 295-9593.

OUR GUEST PREACHER TODAY is Rev. Janet Myers, Staff Chaplain at Covenant HealthCare. She is an Elder in the United Methodist Church. She brings several different areas of experience with her, including ten units of accredited clinical pastoral education with a specialized focus in adult behavioral health. She served the local church for 17 years as a pastor and is a member of The Great Plains Conference. She was a Life & Safety Officer at Wichita State University for 6 years, a correctional officer at the Department of Corrections for 2½ years, and served in The United States Air Force for 7 years. While serving in the military she had the opportunity to live overseas in Japan and South Korea. Janet earned her Master of Divinity at St. Paul School of Theology and BA from Southwestern College, Kansas. She grew up in Indiana and lived in Kansas for several years after serving in the military. She has three children, three grandchildren, a brother, sister, and her parents. She enjoys spending time with her family, fishing, gardening, and her toy poodle, Teddy.

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Instagram: **saginawfumc**

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