

March 20, 2021

Saturday

**Being A Blessing
By Lou Constan**

Romans 12:17-18, 21 ¹⁷ Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. ¹⁸ If it is possible, so far as it depends on you, live peaceably with all... ²¹ Do not be overcome by evil, but overcome evil with good.

Some of my earliest memories were of being called upon to alleviate suffering. After a showering of blessings over many years, God made it possible for me to do so in my own Family Practice. Even then, though, I decried the sometimes-vast chasm that existed between the ideal Medical Care I wished to see and what was happening in the real world. This was due to a variety of factors including poor education, poverty, racial disparities, and mistakes in communication. I worked hard to address these issues in my own practice but also reached out to educate the wider community by writing articles for the newspaper and doing television and radio interviews. But, for long years, I wanted to write all my ideas down in a single book, something the average person could read and learn how they, in their own lives, could have better medical care. There was never enough time.

Now, because of the pandemic, I have had that time. Doesn't God sometimes ask and help us to create something good out of something bad? I finished, after 20 years, *"Two Minds, Your Body, Knowing What's Going On In Your Doctor's Head And Getting That Knowledge To Work For You."* May this be a blessing too!

Prayer: Thank you, Lord, for your inspiration and call to service. Thank you for gifting us with dreams, creativity, and skills to bless others. Help each of us use our gifts to be a blessing in your world, in many and varied ways. Amen.