

**March 5, 2021**

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Friday

**Scripture:** John 6:34-59

**Prayer:** Finding Rest in God

Thou hast made us for thyself, O Lord,

and our hearts are restless until they find rest in thee.

*Augustine of Hippo, North Africa, 4th cent. (Mt. 11:28)*

In comparison with this big world, the human heart is a small thing. Though the world is so large, it is utterly unable to satisfy this tiny heart. The ever-growing soul and its capacity can be satisfied only in the infinite God. As water is restless until it reaches its level, so the soul has not peace until it rests in God.

*Sundar Singh, India, 20th cent.*

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**Reflection:**

When have you felt Jesus closest to you?

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