

**February 27, 2021**

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Saturday

**GOOD**

**By Karen Constan**

*Romans 8:28 “We know that in all things God works for good with those whom he has called according to his purpose.”*

So, how do you define good? Big celebrations, no worries, everything perfect? I may have a different take on that:

Over 2 years ago, I stepped down one step on my home’s staircase, dislocated my ankle, and broke it in 3 places. Instantly, I could not walk. I went from being quite capable to needing almost constant care. In the hospital 8 days, then surgery then a nursing home for 3 weeks. Pain and helplessness were filling my days and my thoughts. Where was the GOOD in this? What did God possibly want me to see here?

I began to see: Pastor Amy, friends, and family reached out with love and gifts and time. The medical teams kept me going and recovering and some of them spent time just talking to me. I found out the CNAs were hoping to become nurses and worried about going back to school—I tutored them in study skills. I revisited my interest in art and created new pieces. I even did my physical therapy and found I wasn’t the klutz I thought I was! And all through it, my husband took loving care of me and kept our lives going.

The good WAS THERE! All I had to do was open my heart to God and take my mind off my problems. Taking the focus off myself showed me the everyday blessings from our God who has indeed called us to HIS purpose.

*Prayer: Loving God, you made all things, and called them good. You have created humankind in your image of love and goodness. Help us to recognize the good around us, to search for good people and good possibilities, and to be good in our care and treatment of others. Touch us, heal us, shape us, and equip us to do your work in the world, through Christ. Amen.*